

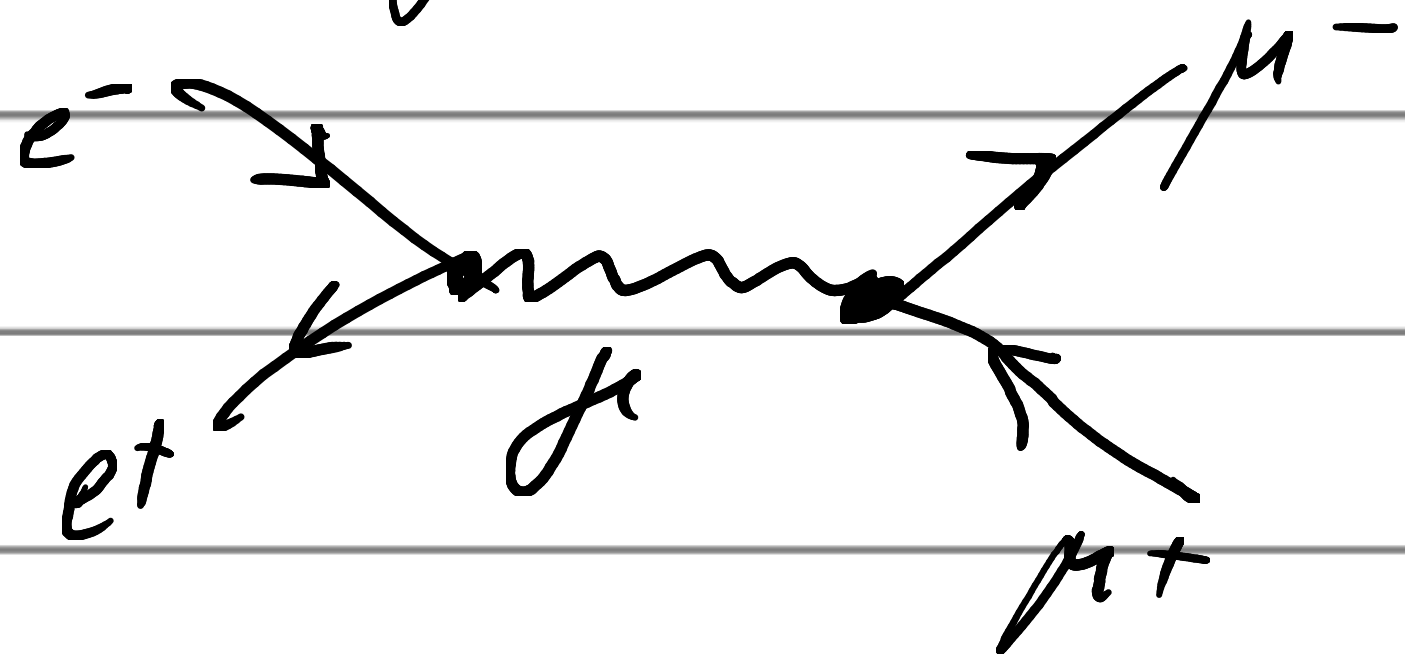
Lecture 8

Electron-positron annihilation

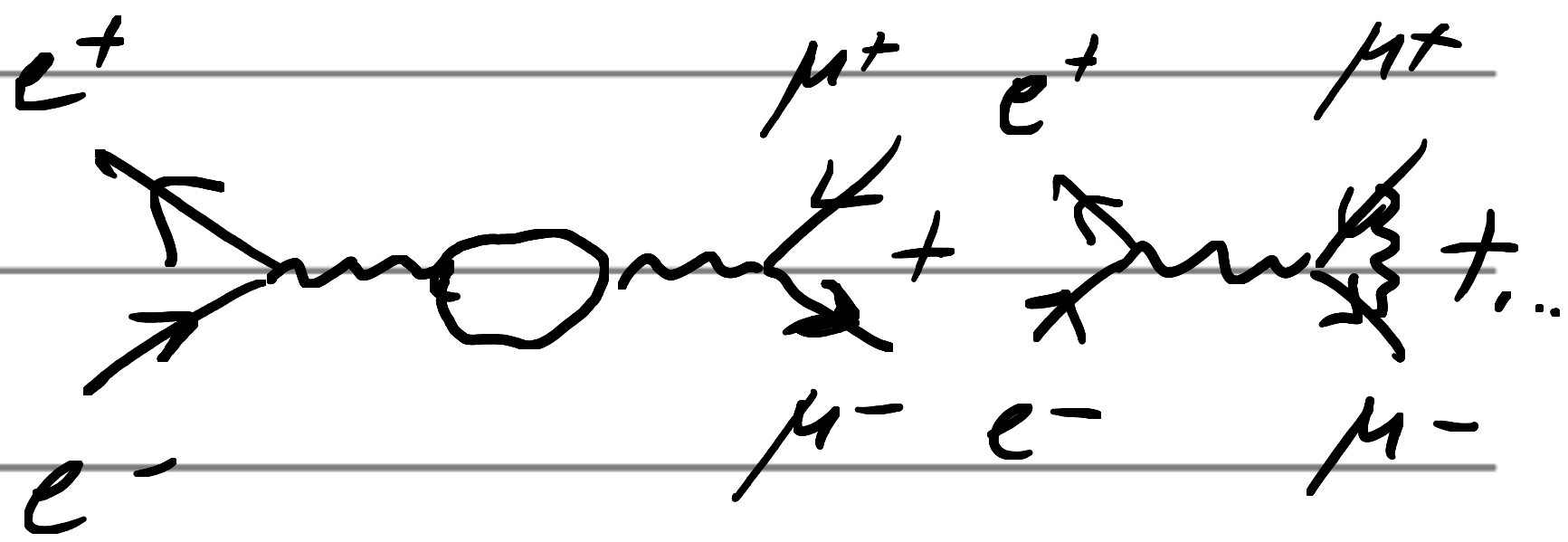
How to calculate QED cross section

1. Draw all possible Feynman diagrams (for $e^+e^- \rightarrow \mu^+\mu^-$)

- lowest order: 1 diagram
 $M \propto e^2 \propto \hbar_{em}$



- many second order diagrams:
 $M \propto e^4 \propto \hbar_{em}^2$



2. For each diagram calculate the matrix element using Feynman rules (from the rules on the board)

3. Sum the individual Matrix elements: $M_{fi} = M_1 + M_2 + \dots$
(interferences both + and - possible)

4. Square the matrix element: $|M_{fi}|^2 = (M_1^* + M_2^* + \dots)(M_1 + M_2 + \dots)$
giving the full perturbative expansion in $\hbar_{em}$.

For $e^+e^- \rightarrow \mu^+\mu^-$ Leading Order QED computation accurate to 10%!

5. Calculate the decay rate/cross section using

- decay width (rate): $\Gamma = \frac{|\vec{p}_f^*|}{32\pi^2 m_i^2} \int |M_{fi}|^2 d\Omega$

- scattering in CM frame: $\frac{d\sigma}{d\Omega^*} = \frac{1}{64\pi^2 s} \frac{|\vec{p}_f^*|}{|\vec{p}_i^*|} |M_{fi}|^2$

- scattering lab. frame: $\frac{d\sigma}{d\Omega} = \frac{1}{64\pi^2} \left(\frac{E_3}{M \cdot E_1} \right)^2 |M_{fi}|^2$

If we consider only LO and Next-to-leading order (NLO) we get:

$$\begin{aligned} |M_{fi}|^2 &= \left(\mathcal{L} M_{LO} + \mathcal{L}^2 \sum_j M_{NLO,j} \right) \left(\mathcal{L} M_{LO}^* + \mathcal{L}^2 \sum_k M_{NLO,k}^* \right) = \\ &= \mathcal{L}^2 |M_{LO}|^2 + \mathcal{L}^3 \sum_j \left(M_{LO} \cdot M_{NLO,j}^* + M_{LO}^* M_{NLO,j} \right) + \mathcal{L}^4 \sum_{j,k} M_{NLO,j} \cdot M_{NLO,k}^* \end{aligned}$$

$\Rightarrow$ Any potential higher than LO term is suppressed by $\mathcal{L} = 1/137 \approx 0.7\% \Rightarrow$ using only LO diagram we can expect QED calculations to be accurate to $O(1\%)$

$$e^+ e^- \rightarrow \mu^+ \mu^-$$

$$p_1 = (E, 0, 0, p), p_2 = (E, 0, 0, -p)$$

$$p_3 = (E, \vec{p}_\perp), p_4 = (E, -\vec{p}_\perp)$$

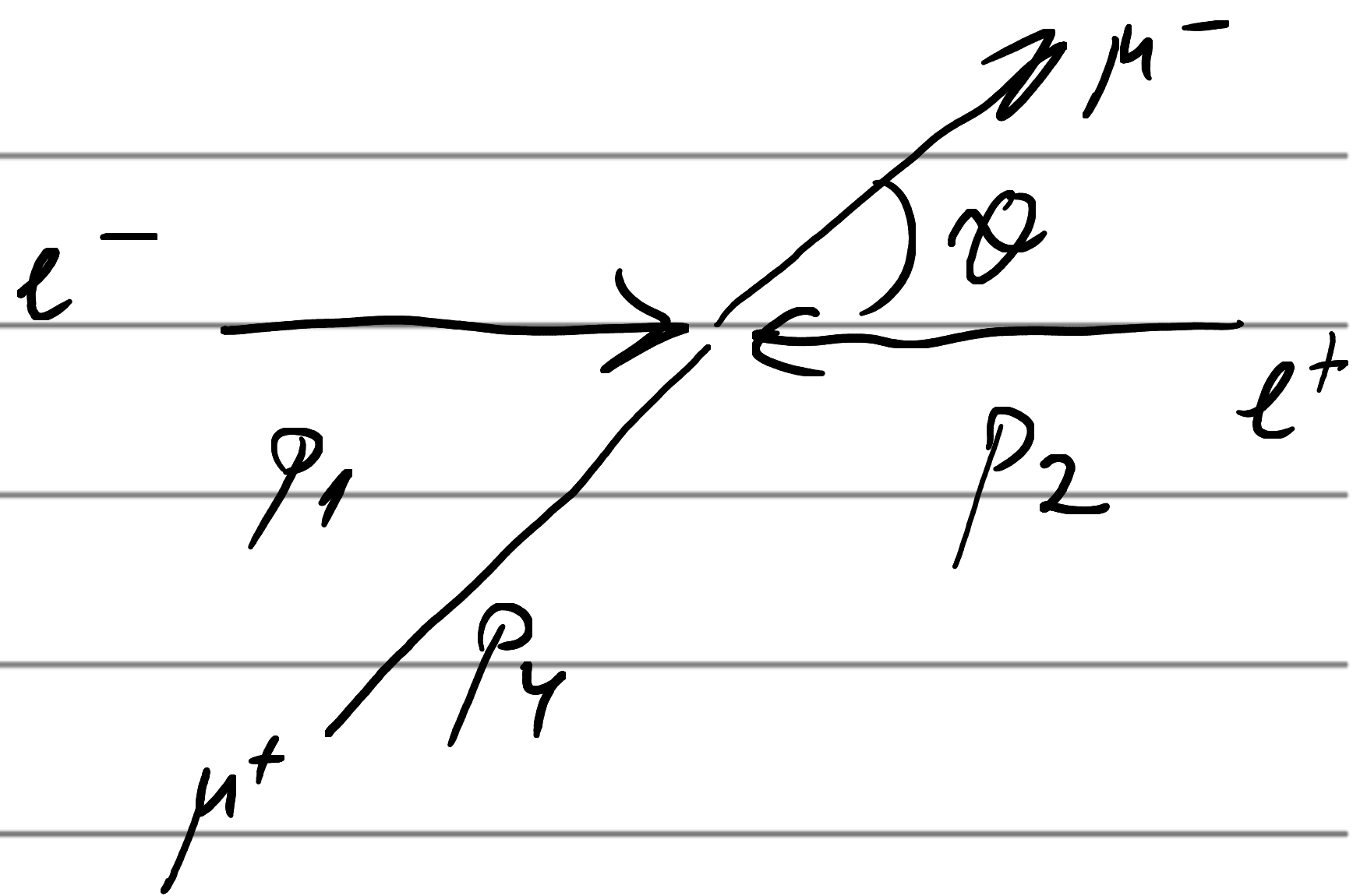
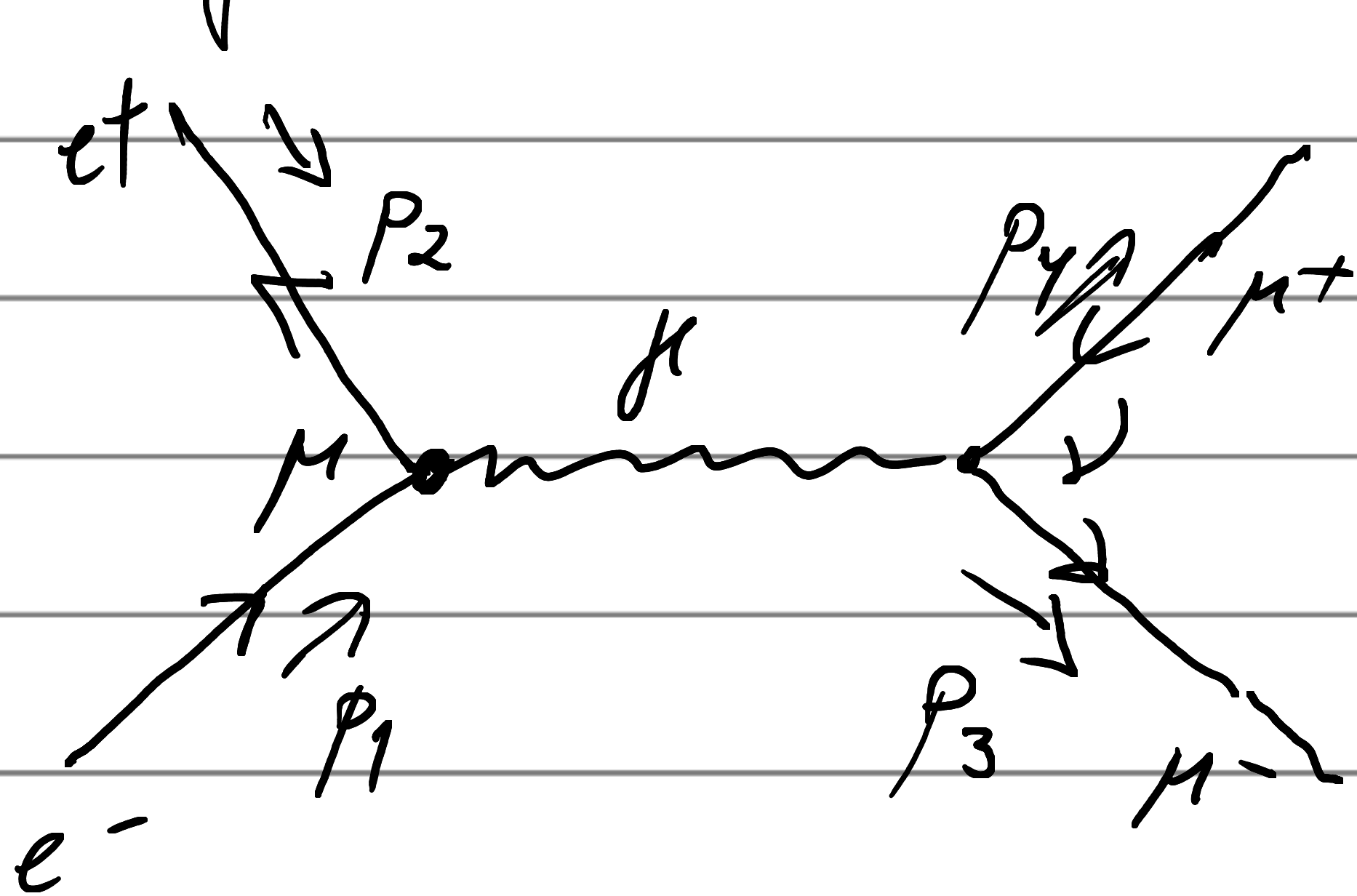


Diagram (LO):



$$iM = \bar{v}(p_2) i e \gamma^\mu u(p_1) \cdot \left(\frac{-i g_{\mu\nu}}{q^2} \right) \cdot \bar{u}(p_3) i e \gamma^\nu v(p_4)$$

$$q^2 = (p_1 + p_2)^2 = (p_3 + p_4)^2 = 4E^2 = s$$

$$iM = -\frac{e^2}{q^2} \cdot i g_{\mu\nu} j_e^\mu j_\mu^\nu = -\frac{e^2}{s} \cdot i g_{\mu\nu} j_e^\mu j_\mu^\nu = \frac{ie^2}{2E} \underbrace{g_{\mu\nu} j_e^\mu j_\mu^\nu}_{\text{Lorentz-invariant quantity}}$$

We need to consider the spin of $e^+ e^-$, $\mu^+ \mu^-$

- in total 16 combinations (2^4)

- each combination represents a physical process

- we must sum over all 16 possible combinations + average over the initial helicity states

The helicity states are orthogonal $\Rightarrow$ no interference $\Rightarrow$
 $\Rightarrow$ we can consider each combination separately

For each initial state helicity configuration the cross section is just the sum over all final states

$$\text{e.g. } \sum_{\text{final}} |M_{\text{RR}}|^2 = |M_{\text{RR} \rightarrow \text{RR}}|^2 + |M_{\text{RR} \rightarrow \text{RL}}|^2 + |M_{\text{RR} \rightarrow \text{LR}}|^2 + |M_{\text{RR} \rightarrow \text{LL}}|^2$$

Typically in e^+e^- colliders e^+e^- are unpolarised
 $\Rightarrow$ equal number of $h=+1$ and $h=-1$ configurations
 in the initial state

$\Rightarrow$ spin-averaged summed matrix element:

$$\langle |M_{fi}|^2 \rangle = \frac{1}{\gamma_{\text{spins}}} \sum |M|^2$$

Helicity eigenstates: $N = \sqrt{E+m}$, $c = \cos \theta/2$, $s = \sin \theta/2$

$$u_{\uparrow} = N \begin{pmatrix} c \\ s e^{i\varphi} \\ \frac{p}{E+m} c \\ \frac{p}{E+m} s e^{i\varphi} \end{pmatrix}, u_{\downarrow} = N \begin{pmatrix} -s \\ c e^{i\varphi} \\ \frac{p}{E+m} s \\ -\frac{p}{E+m} c e^{i\varphi} \end{pmatrix}, v_{\uparrow} = N \begin{pmatrix} \frac{p}{E+m} s \\ -\frac{p}{E+m} c e^{i\varphi} \\ -s \\ c e^{i\varphi} \end{pmatrix}, v_{\downarrow} = N \begin{pmatrix} \frac{p}{E+m} c \\ \frac{p}{E+m} s e^{i\varphi} \\ c \\ s e^{i\varphi} \end{pmatrix}$$

$$u_{\uparrow} = \sqrt{E} \begin{pmatrix} c \\ s e^{i\varphi} \\ c \\ s e^{i\varphi} \end{pmatrix}, u_{\downarrow} = \sqrt{E} \begin{pmatrix} -s \\ c e^{i\varphi} \\ s \\ -c e^{i\varphi} \end{pmatrix}, v_{\uparrow} = \sqrt{E} \begin{pmatrix} s \\ -c e^{i\varphi} \\ -s \\ c e^{i\varphi} \end{pmatrix}, v_{\downarrow} = \sqrt{E} \begin{pmatrix} c \\ s e^{i\varphi} \\ c \\ s e^{i\varphi} \end{pmatrix}$$

In the limit $\sqrt{s} \gg m_\mu$, the four-momenta are:

$$p_1 = (E, 0, 0, E), p_2 = (E, 0, 0, -E)$$

$$p_3 = (E, E \sin \vartheta, 0, E \cos \vartheta), p_4 = (E, -E \sin \vartheta, 0, -E \cos \vartheta)$$

We can take that μ^-, μ^+ are produced with $\varphi=0$ and $\varphi=\pi$ respectively

For the initial state electron:

- two possible spinors for $(\vartheta=0, \varphi=0)$ electron
- two possible spinors for $(\vartheta=\pi, \varphi=\pi)$ positron

$$u_{\uparrow}(p_1) = \sqrt{E} \begin{pmatrix} 1 \\ 0 \\ 1 \\ 0 \end{pmatrix}, u_{\downarrow}(p_1) = \sqrt{E} \begin{pmatrix} 0 \\ 1 \\ 0 \\ -1 \end{pmatrix}, v_{\uparrow}(p_2) = \sqrt{E} \begin{pmatrix} 1 \\ 0 \\ -1 \\ 0 \end{pmatrix}, v_{\downarrow}(p_2) = \sqrt{E} \begin{pmatrix} 0 \\ -1 \\ 0 \\ -1 \end{pmatrix}$$


 e^-

Similarly for $\mu^+ \mu^-$: $(\vartheta, 0)$ for μ^- and $(\pi - \vartheta, \pi)$ for μ^+

$$\text{using } \sin\left(\frac{\pi - \vartheta}{2}\right) = \cos \frac{\vartheta}{2} \quad \cos\left(\frac{\pi - \vartheta}{2}\right) = \sin \frac{\vartheta}{2} \quad \text{and } e^{i\pi} = -1$$

$$u_{\uparrow}(p_3) = \sqrt{E} \begin{pmatrix} C \\ S \\ C \\ S \end{pmatrix}, u_{\downarrow}(p_3) = \sqrt{E} \begin{pmatrix} -S \\ C \\ S \\ -C \end{pmatrix}, v_{\uparrow}(p_4) = \sqrt{E} \begin{pmatrix} C \\ S \\ -C \\ -S \end{pmatrix}, v_{\downarrow}(p_4) = \sqrt{E} \begin{pmatrix} S \\ -C \\ S \\ -C \end{pmatrix}$$

Muon current: $j_{(\mu)}^\nu = \bar{u}(p_3) \gamma^\nu v(p_4)$ for all helicity combinations

$$\bar{\psi} \gamma^0 \phi = \psi^\dagger \gamma^0 \phi = \psi_1^* \phi_1 + \psi_2^* \phi_2 + \psi_3^* \phi_3 + \psi_4^* \phi_4$$

$$\psi \gamma^1 \gamma^0 \phi = \psi_1^* \phi_4 + \psi_2^* \phi_3 + \psi_3^* \phi_2 + \psi_4^* \phi_1$$

$$\psi \gamma^2 \gamma^0 \phi = -i(\psi_1^* \phi_4 - \psi_2^* \phi_3 + \psi_3^* \phi_2 - \psi_4^* \phi_1)$$

$$\psi \gamma^3 \gamma^0 \phi = \psi_1^* \phi_3 - \psi_2^* \phi_4 + \psi_3^* \phi_1 - \psi_4^* \phi_2$$

$$j_\mu^0 = \bar{u}_\uparrow(p_3) \gamma^0 v_\downarrow(p_4) = E(cs - sc + cs - sc) = 0$$

$$j_\mu^1 = \bar{u}_\uparrow(p_3) \gamma^1 v_\downarrow(p_4) = E(-c^2 + s^2 - c^2 + s^2) = 2E(s^2 - c^2) = -2E \cos \theta$$

$\cos \theta = \sin^2 \theta/2 - \cos^2 \theta/2$
↑

$$j_\mu^2 = \bar{u}_\uparrow(p_3) \gamma^2 v_\downarrow(p_4) = -iE(-c^2 - s^2 - c^2 - s^2) = 2iE$$

$$j_\mu^3 = \bar{u}_\uparrow(p_3) \gamma^3 v_\downarrow(p_4) = E(cs + cs + cs + sc) = 2E \sin \theta$$

$$\Rightarrow j_{(\mu)RL}^\nu = \bar{u}_\uparrow(p_3) \gamma^\nu v_\downarrow(p_4) = 2E(0, -\cos \theta, i, \sin \theta) \rightarrow \mu_R^- \mu_L^+$$

$$j_{(\mu)RR}^\nu = \bar{u}_\uparrow(p_3) \gamma^\nu v_\uparrow(p_4) = (0, 0, 0, 0)$$

$$j_{(\mu)LL}^\nu = \bar{u}_\downarrow(p_3) \gamma^\nu v_\downarrow(p_4) = (0, 0, 0, 0)$$

due to $E \gg m_\mu$ limit

$$j_{(\mu)LR}^\nu = \bar{u}_\downarrow(p_3) \gamma^\nu v_\uparrow(p_4) = 2E(0, -\cos \theta, -i, +\sin \theta) \rightarrow \mu_L^- \mu_R^+$$

Electron current:

$$(AB)^T = B^T A^T$$

$$\gamma^{0\dagger} = \gamma^0$$

$$\gamma^{\mu\dagger} \gamma^0 = \gamma^0 \gamma^\mu$$

$$j_{(e)}^\mu = \bar{v}(p_2) \gamma^\mu u(p_1) \quad j_{(\mu)}^\nu = \bar{u}(p_3) \gamma^\nu v(p_4)$$

Relating $j_{(\mu)}^\nu$ to $j_{(e)}^\mu$:

$$[\bar{u}(p_3) \gamma^\nu v(p_4)] = v^\dagger(p_4) \gamma^{\nu\dagger} \gamma^{0\dagger} u(p_3) = \bar{v}(p_4) \gamma^\nu u(p_3)$$

$$\Rightarrow \bar{v}_\downarrow(p_4) \gamma^\nu u_\uparrow(p_3) = [\bar{u}_\uparrow(p_3) \gamma^\nu v_\downarrow(p_4)]^* = 2E(0, -\cos\vartheta, -i, \sin\vartheta)$$

$$\bar{v}_\uparrow(p_4) \gamma^\nu u_\downarrow(p_3) = [\bar{u}_\downarrow(p_3) \gamma^\nu v_\uparrow(p_4)]^* = 2E(0, -\cos\vartheta, +i, \sin\vartheta)$$

For electrons we simply set $\vartheta = 0$

$$e_R^- e_L^+ = \bar{v}_\downarrow(p_2) \gamma^\mu u_\uparrow(p_3) = 2E(0, -1, -i, 0)$$

$$e_L^- e_R^+ = \bar{v}_\uparrow(p_2) \gamma^\mu u_\downarrow(p_3) = 2E(0, -1, +i, 0)$$

We're left with 4 non-vanishing combinations:

$$e_R^- e_L^+ : 2E(0, -1, -i, 0) \rightarrow \mu_L^- \mu_R^+ = 2E(0, -\cos\theta, -i, \sin\theta)$$

We call it $\underline{M_{RL}} \Rightarrow |M_{RL}|^2 = \left(\frac{e^2}{4\pi^2} \cdot 4E^2 (1 - \cos\theta) \right)^2 = (4\pi\alpha)^2 (1 - \cos\theta)^2$

using $\frac{e^2}{4\pi} = \alpha \approx 1/137$

$$|M_{RL}|^2 = |M_{LR}|^2$$

$$e_L^- \mu_R^+ \rightarrow e_R^- \mu_L^+$$

Let's take M_{RR} :

$$e_R^- e_L^+ : 2E(0, -1, -i, 0) \rightarrow \mu_R^- \mu_L^+ : 2E(0, -\cos\theta, i, \sin\theta)$$

$$|M_{RR}|^2 = (-e^2 (1 + \cos\theta))^2 = (4\pi\alpha)^2 (1 + \cos\theta)^2 = |M_{LL}|^2$$

$$e_L^- e_R^+ \rightarrow \mu_L^- \mu_R^+$$

Summing over final states and averaging over initial states

$$\frac{d\sigma}{d\Omega} = \frac{1}{4} \cdot \frac{1}{64\pi^2 s} (|M_{RR}|^2 + |M_{LR}|^2 + |M_{RL}|^2 + |M_{LL}|^2) =$$

$$= \frac{(4\pi\alpha)^2}{256\pi^2 s} (2(1 + \cos\theta)^2 + 2(1 - \cos\theta)^2) = \boxed{\frac{\alpha^2}{4s} (1 + \cos^2\theta)}$$

Total cross section

$$\sigma = \frac{\hbar^2}{4s} \int (1 + \cos^2 \theta) d\Omega = \frac{\hbar^2}{24s} \cdot 2\pi \int_{-1}^{+1} (1 + \cos^2 \theta) d(\cos \theta) = \frac{4\pi \hbar^2}{3s}$$

Lorentz-Invariant form of the matrix element:

$$\langle |M_{fi}|^2 \rangle = \frac{1}{4} \times (|M_{RR}|^2 + |M_{RL}|^2 + |M_{LR}|^2 + |M_{LL}|^2) = \frac{1}{4} e^4 (2(1 + \cos \theta)^2 + 2(1 - \cos \theta)^2) = e^4 (1 + \cos^2 \theta)$$

In CoM: $p_1 = (E, 0, 0, E)$, $p_2 = (E, 0, 0, -E)$
 $p_3 = (E, E \sin \theta, 0, E \cos \theta)$, $p_4 = (E, -E \sin \theta, 0, -E \cos \theta)$

$$p_1 \cdot p_2 = 2E^2, \quad p_1 \cdot p_3 = E^2(1 - \cos \theta), \quad p_1 \cdot p_4 = E^2(1 + \cos \theta)$$

$$\Rightarrow \langle |M_{fi}|^2 \rangle = 2e^4 \frac{(p_1 \cdot p_3)^2 + (p_1 \cdot p_4)^2}{(p_1 \cdot p_2)^2} = 2e^4 \left(\frac{t^2 + u^2}{s^2} \right)$$

$$s = (p_1 + p_2)^2 \approx 2p_1 \cdot p_2 \quad (m_1^2 \approx m_2^2 \approx 0)$$

$$t = (p_1 - p_3)^2 \approx -2p_1 \cdot p_3 \quad (m_1^2 \approx m_3^2 \approx 0)$$

$$u = (p_1 - p_4)^2 \approx -2p_1 \cdot p_4 \quad (m_1^2 \approx m_4^2 \approx 0)$$

Spin in e^+e^- annihilation

Define the z-axis to be along the direction of the incoming e^- beam

- the combined spin of the e^+e^- system is $+1$ or -1

$\Rightarrow$ non-0 M_f corresponds to e^+e^- colliding in a spin-1 state

RL helicity combination $\rightarrow |S, S_z\rangle = |1, +1\rangle$
LR helicity combination $\rightarrow |S, S_z\rangle = |1, -1\rangle$ | for the e^+e^-

For $\mu^+\mu^-$ is similar: $|1, \pm 1\rangle_\theta$ (measured wrt the axis in the direction of μ^-)

The operator corresponding to the component of spin along an axis defined by a unit vector $\vec{n}$ is

$$\hat{S}_n = \frac{1}{2} \vec{n} \cdot \vec{\sigma}$$

We can use $\hat{S}_n$ to express the $\mu^+\mu^-$ states in terms of the eigenstates of z : e.g. $\mu_R^- \mu_L^+$

$$|1, +1\rangle_\theta = \frac{1}{2} (1 - \cos\theta) |1, -1\rangle + \frac{1}{\sqrt{2}} \sin\theta |1, 0\rangle + \frac{1}{2} (1 + \cos\theta) |1, +1\rangle$$

$\uparrow$ $\uparrow$

$|\mu_L^- \mu_R^+\rangle \propto \psi |1, -1\rangle$ $|\mu_R^- \mu_L^+\rangle \propto \psi |1, +1\rangle$

Chirality

In the limit $E \gg m$ only 4 of the 16 helicity combinations are possible

We can introduce chirality via the γ^5 matrix

$$\gamma^5 = i\gamma^0\gamma^1\gamma^2\gamma^3 = \begin{pmatrix} 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix} = \begin{pmatrix} 0 & \mathbb{I} \\ \mathbb{I} & 0 \end{pmatrix}$$

Properties: $(\gamma^5)^2 = \mathbb{I}$, $\gamma^{5\dagger} = \gamma^5$, $\gamma^5 \gamma^\mu = -\gamma^\mu \gamma^5$

When $E \gg m$ helicity eigenstates are also eigenstates of γ^5 :

$$\gamma^5 u_\uparrow = \begin{pmatrix} 0 & \mathbb{I} \\ \mathbb{I} & 0 \end{pmatrix} \begin{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \\ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \end{pmatrix} \cdot \sqrt{E} = \sqrt{E} \begin{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \\ \begin{pmatrix} 1 \\ 0 \end{pmatrix} \end{pmatrix} = + u_\uparrow$$

$$\gamma^5 u_\downarrow = \begin{pmatrix} 0 & \mathbb{I} \\ \mathbb{I} & 0 \end{pmatrix} \sqrt{E} \begin{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} \\ \begin{pmatrix} 0 \\ -1 \end{pmatrix} \end{pmatrix} = \sqrt{E} \begin{pmatrix} 0 \\ -1 \\ 0 \\ 1 \end{pmatrix} = - u_\downarrow$$

$$\gamma^5 v_\uparrow = -v_\uparrow, \quad \gamma^5 v_\downarrow = +v_\downarrow$$

We can define the γ^5 eigenstates as LH or RH chiral states: u_R, u_L, v_R, v_L

$$\gamma^5 u_R = +u_R, \quad \gamma^5 u_L = -u_L, \quad \gamma^5 v_R = -v_R, \quad \gamma^5 v_L = +v_L$$

If $E \gg m$ $\begin{matrix} u_R \\ \downarrow \\ u_\uparrow \end{matrix}$ $\begin{matrix} u_L \\ \downarrow \\ u_\downarrow \end{matrix}$ $\begin{matrix} v_R \\ \downarrow \\ v_\uparrow \end{matrix}$ $\begin{matrix} v_L \\ \downarrow \\ v_\downarrow \end{matrix}$

In general: solutions of the Dirac equation that are eigenstates of γ^5 are identical to the massless helicity states

Projection operators,

$$P_R = \frac{1}{2}(1 + \gamma^5) = \frac{1}{2} \begin{pmatrix} 1 & 0 & 1 & 0 \\ 0 & 1 & 0 & 1 \\ 1 & 0 & 1 & 0 \\ 0 & 1 & 0 & 1 \end{pmatrix}$$

$$P_L = \frac{1}{2}(1 - \gamma^5) = \frac{1}{2} \begin{pmatrix} 1 & 0 & -1 & 0 \\ 0 & 1 & 0 & -1 \\ -1 & 0 & 1 & 0 \\ 0 & -1 & 0 & 1 \end{pmatrix}$$

$$P_R \cdot u_R = +u_R, \quad P_L u_L = u_L, \quad P_R u_L = 0, \quad P_L u_R = 0$$

$$P_R v_R = 0, \quad P_L v_L = 0, \quad P_R v_L = v_L, \quad P_L v_R = v_R$$

P_R projects out only R+1 particle and L+1 antiparticle states

chiral eigenstates
/ \

$\Rightarrow$ Any spinor can be written as: $\Psi = \Psi_R + \Psi_L =$

$$= \frac{1}{2}(1 + \gamma^5)\Psi + \frac{1}{2}(1 - \gamma^5)\Psi$$

Chirality in QED

$ie\bar{\Psi}\gamma^5\phi \rightarrow$ interaction between a fermion and a photon
represented by Dirac spinors Ψ and ϕ

We can decompose it into:

$$ie\bar{\Psi}\gamma^M\phi = ie(\bar{\Psi}_L + \bar{\Psi}_R)\gamma^M(\phi_L + \phi_R) =$$
$$= ie(\bar{\Psi}_R\gamma^M\phi_R + \bar{\Psi}_L\gamma^M\phi_L + \bar{\Psi}_R\gamma^M\phi_L + \bar{\Psi}_L\gamma^M\phi_R)$$

$$(\gamma^5)^2 = I, \gamma^{5\dagger} = \gamma^5, \gamma^5\gamma^M = -\gamma^M\gamma^5$$

One can directly get: $\bar{\Psi}_L\gamma^M\phi_R = \bar{\Psi}_R\gamma^M\phi_L = 0$ (6.4.1 in the Thomson book)

$$P_R\gamma^M = \gamma^M P_L, \quad P_R \cdot P_L = 0$$

$$\bar{u}_L\gamma^M u_R = \bar{u}_R\gamma^M u_L = \bar{\nu}_R\gamma^M \nu_L = \bar{\nu}_L\gamma^M \nu_R = \bar{e}_L\gamma^M e_L = \bar{e}_R\gamma^M e_R = 0$$

Helicity and chirality

helicity - projection of the spin of a particle onto its direction of motion

chirality - eigenstates of the γ^5 matrix

Relationship between helicity and chirality:

- decompose the helicity eigenstates into their chiral components

Example

$$u_{\uparrow}(p, \theta, \varphi) = N \begin{pmatrix} c \\ se^{i\varphi} \\ k \cdot c \\ k \cdot s \cdot e^{i\varphi} \end{pmatrix} \quad k = \frac{p}{E+m}, \quad N = \sqrt{E+m}$$
$$c = \cos \theta/2, \quad s = \sin \theta/2$$

$$P_R u_{\uparrow} = \frac{1}{2}(1+k) \cdot N \begin{pmatrix} c \\ se^{i\varphi} \\ c \\ se^{i\varphi} \end{pmatrix}, \quad P_L u_{\uparrow} = \frac{1}{2}(1-k) \cdot N \begin{pmatrix} c \\ se^{i\varphi} \\ -c \\ -se^{i\varphi} \end{pmatrix}$$

u_R u_L

$$\Rightarrow u_{\uparrow}(p, \theta, \varphi) = \frac{1}{2}(1+k) u_R + \frac{1}{2}(1-k) u_L \quad (k \rightarrow 1, u_{\uparrow} \rightarrow u_R)$$

$$\text{with } \gamma^5 u_R = +u_R, \quad \gamma^5 u_L = -u_L$$

Leading to: (for $E \gg m$)

$$\bar{u}_\downarrow \gamma^\mu u_\uparrow = \bar{u}_\uparrow \gamma^\mu u_\downarrow = \bar{v}_\downarrow \gamma^\mu v_\uparrow = \bar{v}_\uparrow \gamma^\mu v_\downarrow = \bar{v}_\downarrow \gamma^\mu u_\downarrow = \bar{v}_\uparrow \gamma^\mu u_\uparrow = 0$$

helicity is conserved in high-energy interactions!!